



# Spreading the News



## Spreading the News Self Advocacy Special 4<sup>th</sup> December 2023



In this Special Edition of  
Spreading the News  
we are talking about ...



## Self Advocacy



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## Inside this Spreading the News



### 1. What is Self Advocacy ?

Page 3



### 2. How Self Advocacy is changing people's lives "Impact of Self-Advocacy"

Page 5



### 3. NDTi – National Development Team for Inclusion Self Advocacy Review

Page 6



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## 1. What is Self Advocacy ?



Let's hear what Judith says ...



- When I was little, at home, my Mum and Dad made decisions for me ...



- When I was little, at school, the teacher made decisions for me ...



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- Now I am grown up I make my own choices and my own decisions



- I speak up for myself



- I have control over my life



- This is what Self Advocacy means to me



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## 2. How Self Advocacy is changing people's lives "Impact of Self-Advocacy"



Learning Disability England and Speakup Self-Advocacy have put together a film about the Impact of Self-Advocacy



click



You can watch the film at ...

[www.speakup.org.uk](http://www.speakup.org.uk)



click



Or you can watch on YouTube ...

[Impact of Advocacy - YouTube](#)



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Communicate

## Self Advocacy Review



The National Development Team for Inclusion (NDTi) is working with partners:



- Speakup Self Advocacy
- People First Independent Advocacy
- Bringing us Together
- The Challenging Behaviour Foundation



They will be doing a review of inpatient advocacy for people with a learning disability and autistic people in mental health, learning disability or autism specialist hospitals.



NHS England and NHS Improvement

NHS England and NHS Improvement are asking them to do this review.



Over the coming weeks, Gail Petty and Kate Mercer for NDTI will be inviting:

- advocates and their organisations
- commissioners
- mental health providers



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to say what is working well and what will help to improve advocacy for people in these services.



Partner organisations will also be working with people with a learning disability, autistic people, their families and family support organisations to make sure they are heard.



This review is **vital to:**

- look at
- understand
- say what needs to change

So inpatients have high-quality independent advocacy at times when they may most need and benefit from it.



Independent Advocacy can and should:

- Be reliable
- Be easy to access
- Help people's voice to be heard
- Help people to understand and protect their own rights
- 





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Recent inquiries and reports, such as the independent report and recommendations from Baroness Hollins have said that the quality, effectiveness and the independence of advocacy could be improved.



If you'd like to speak with any of the partners about the work they are doing in the review or find out how to get involved, please contact:



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## Self Advocacy



We make our own Choices ...

We make our own Decisions ...

We Speak Up for ourselves ...