

# I can't smell it ... so it must be safe



Supported by





- This session will help you to understand carbon monoxide



- And what can happen if you have carbon monoxide poisoning

# What is Gas?



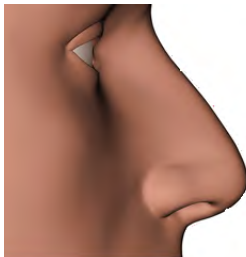
- Gas is something that is all around us everyday



- Some gases can be harmful
- Like Carbon Monoxide



- Carbon monoxide is an invisible gas, we can't see it



- Or smell it



- The only time we know something maybe wrong is when we start to feel unwell

# Group activity



# What is Gas?



Can you name any type of gas?



What gas makes a balloon float?

# What is Gas?

Some things around us that make gases are:



- Humans – carbon dioxide



- Trees and plants - oxygen



- Cows - methane



- Cars – carbon monoxide



Can you think of 3 things in your home that could leak carbon monoxide gas?

Your boiler

Gas cooker

Gas fire



Log burner

Water Heater

Stoves

Things in your home that could  
leak carbon monoxide gas

# Some signs of carbon monoxide poisoning include:



- Dizziness
- Feeling sick
- Headache
- Stomach pains
- Feeling out of breath

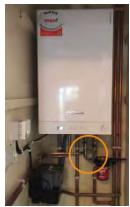


- If these things go away soon after you leave your house



- It could be a sign that you have a carbon monoxide leak

# Protect yourself from Carbon Monoxide Poisoning in your home



- Have all gas appliances, such as boilers, fires and cookers, serviced often  
Once a year is good



- Get Carbon Monoxide Alarms
- Put them around your home and they will sound a warning if you have a carbon monoxide leak



# If you think you have a carbon monoxide leak ...



- Leave your home immediately



- Call the **Gas Emergency Helpline** – this is **0800 111 999**