



Spreading the News



2021

HAPPY NEW YEAR



5th January 2021



New Year's Resolution



- Keep Safe



- Stay at Home



Spreading the News

Caring for Yourself and Others ...



Stay at Home:

- With people who live in your household and support bubble



Support Bubble:

- An Adult living alone
- Or a Single Parent
- Can form a Support Bubble with **One** other household
- This means the people in the Support Bubble are seen to be one household





Spreading the News

Caring for Yourself and Others ...

Outdoors:

You should exercise ...



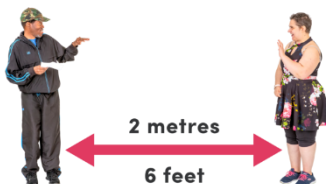
- On your own



- Or with the people in your household/ social bubble



- Or with **one** other person only



- You should keep a social distance of 2 metres

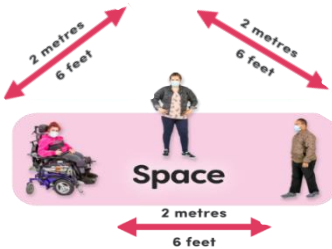


Spreading the News

Caring for Yourself and Others ...



- Face Covering



- Social Distance



- Washing Hands



Spreading the News

Caring for Others ...

Someone on their own?



Give Them a Call