

# What you need to know about the Covid 19 Vaccine



## Easy Read Booklet

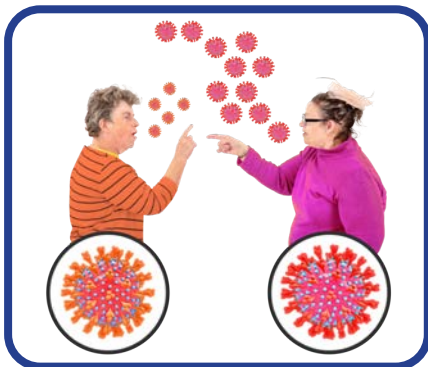
# All you need to know about the Covid 19 Vaccine



The Covid-19 vaccination is really important because it can protect you from getting very ill or dying from Covid-19 or Coronavirus.



Having the vaccination does not stop you from catching the virus.

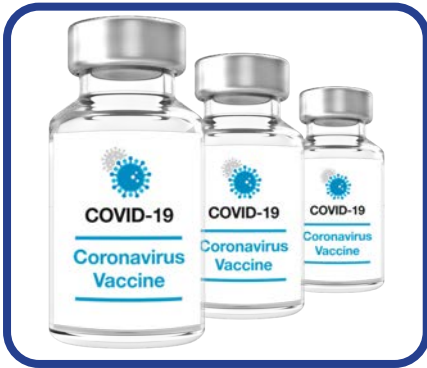


Having the vaccination does not mean you can stop wearing your mask, keeping your distance from other people or go back to normal.



But having the vaccination will protect you and help to keep you safer.

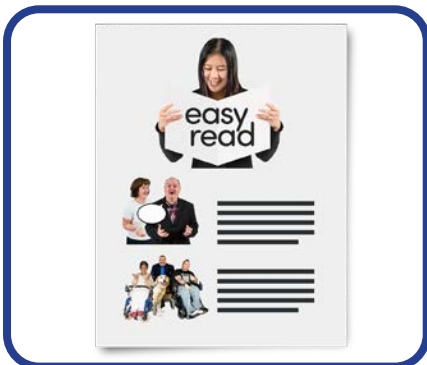
# All you need to know about the Covid 19 Vaccine



There are a few different Covid-19 vaccinations, but they all do the same thing.



The Covid-19 vaccination has to be given twice. It is important to have both vaccinations.

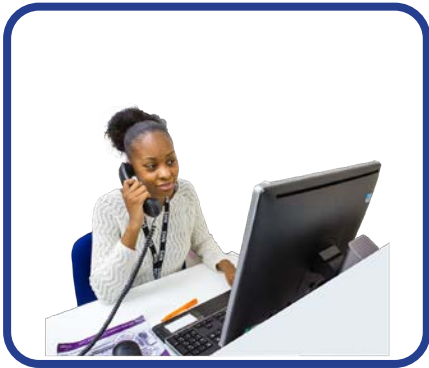


This easy-read leaflet will tell you about what to expect when you go to have your Covid-19 vaccine.

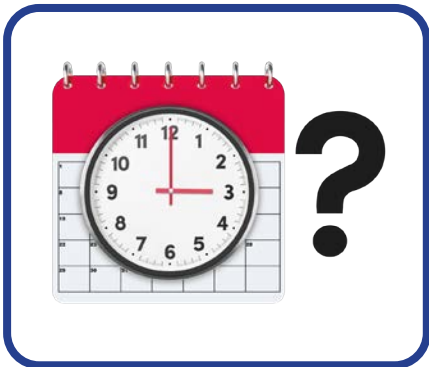


First of all, you will be told when it is your turn to have your Covid-19 vaccine. You might be sent a letter, you might get a phone call from your doctor or you might get a text.

# What you need before your appointment



After this, you may need to book your appointment or someone may ring you to book it. If you are not sure, ring your doctor. Ask someone you trust to help you with this if you need to.



Make sure you know the time of your appointment, and where you need to go.



On the day of your appointment you should arrive 5 minutes before the time you have been given. Try not to be late.

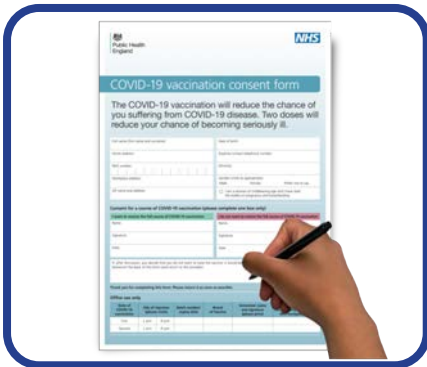


It is a good idea to take some photo ID. This could be a passport, driving license, disabled bus pass or work photo pass.

# What you need before your appointment



If you have been sent a letter about your vaccination, take it with you.



Take a pen with you. You may need to fill out a form before you have your vaccination. If you find this difficult ask for someone to help you.



It is a good idea to wear a t-shirt or short sleeve top under something warm, so they can give you your vaccination into the top of your arm.



You may be asked to clean the chair you will sit on. Wipes will be there to use and you will be shown where to get them.

# What happens at your appointment



There will be a nurse or someone else at your appointment to help you. They will try to make you feel relaxed and help you if you feel worried or are not sure about anything.



Wear your face mask but you might be asked to wear one of their masks instead.



Someone will show you where to go and what to do.

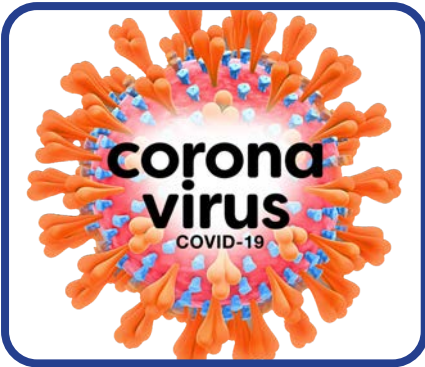


You may be asked to show the photo card or any letters you took with you.

# What happens at your appointment



When you are called in for your appointment, a nurse will call you and will send you into another room to have your vaccination.



You will be asked if you have any allergies or if you have recently had Covid-19 or Coronavirus.



You will be asked to remove or lift up any clothes that cover your arm so that the nurse can give you the vaccination.



You can choose which arm you would rather have the vaccination in.



# What happens at your appointment



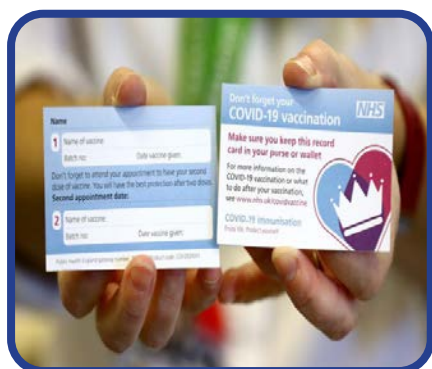
The injection should be very quick and only last a few seconds.



You might feel a sting and after a few minutes your arm might start to ache and become a bit harder to move.



The nurse will tell you to move your arm more often to keep it active.



After your injection, you will go back to reception and will be given an information sheet, and your vaccine card.



# What happens at your appointment



You will then be asked to sit back down and should wait for about 15 minutes, just in case you have an allergic reaction.



After sitting for 15 minutes and are still feeling okay, you should be told you can leave and go home.



You might be asked to get a wipe and clean your seat before you leave.



After having a vaccination, some people might feel tired, your arm might ache, you might get a headache and you might see a bump on your arm where you had your vaccination.

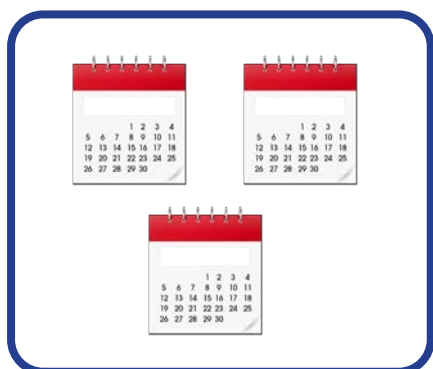
# What happens at your appointment



But these should not last long and should not be serious.



If you are worried then ring 111 and tell them you have had your Covid-19 vaccination and tell them how you feel.



Within 12 weeks you will be asked to come for your second vaccination. This will be the same as the first one.

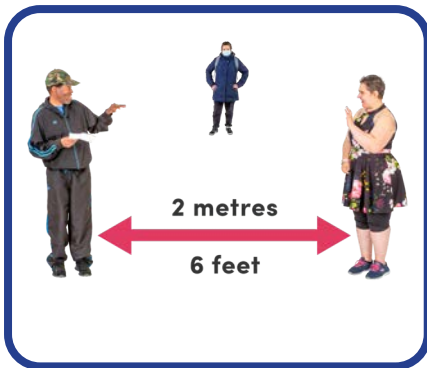


It is important you keep your vaccine card safe as you will need to show this when you have your second vaccine.

# What happens at your appointment



It is really important you have your second vaccination so it protects you from Covid-19 or Coronavirus.



Remember you still need to keep to the rules to stay safe after your vaccination.



Remember Hands, Face and Space.



This booklet has been created by Speakup Self Advocacy and co-produced by people with learning disabilities and autism. January 2021.

Graphics by Photosymbols

