



My home, My energy I have the power!

Saving Energy ... Saving Money Getting Help With Your Energy Bills



Today we're going to look at
some of the ways ...

- You could save money on
your home Energy Bills
- And you could get help to
pay your home Energy Bills



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Let's start by all introducing
ourselves and say **Hello**



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How many different ways do we use Gas and Electricity in our Homes?



- Working together let's think of the things we have in our homes that need Gas or Electricity to make them work
- Who wants to keep the score?



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- Did you think there would be so many different ways we use Gas and Electricity?



- Let's not forget we have to pay for all the Gas and Electricity we use



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- The News is telling us that the bills we will have to pay for our Gas and Electricity are going up ...



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- So what can we do to use less Gas and Electricity and save money on the bills?



- What help can we get to pay the bills?



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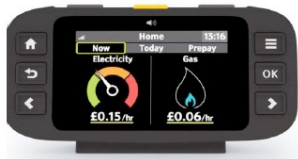


- Let's start by looking at what we can do to use less Gas and Electricity
- And save money on our Gas and Electricity bills
- Here are three good ideas



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1.

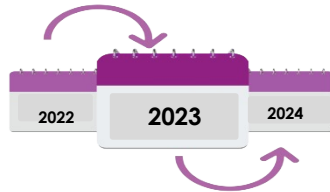


- Having a Smart Meter in Home Display Unit shows how much Gas and Electricity you are using
- Knowing how much Gas and Electricity you use may help you to check things out
- And make some changes to how you use the Gas and Electricity in your home



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2.



- Having your Gas Appliances such as boiler, gas fire, cooker, serviced once a year by a professional is a good idea
- If you live in a council property this will happen anyway
- It makes sure they are safe, working well and not wasting Gas and your money



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3.



In rooms you are not using:

- Turn off the lights
- Turn down the radiators using the radiator valve



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- Can anyone think of more?
- You can look at some more Energy and Money saving ideas on the Speakup website



click

[Energy saving in the home - Easyread](#)

- And watch the Speakup film “I’m an expert energy saver”



click

[I'm an Expert Energy Saver - Video](#)





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- Now let's look at the help we may be able to get to pay our Energy Bills



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- At the moment the Government has four different ways to help people pay their Gas and Electricity bills

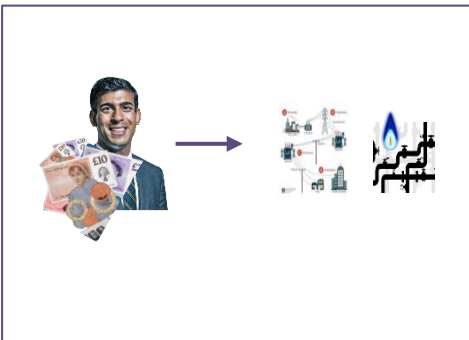


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1.



- This year 2022 the Government is giving most households £200 towards their Energy Bills



- You do not have to apply for this £200, it will be given directly to your Energy Company to help pay your bill



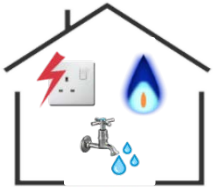
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2.

Cold Weather Payment



- In Winter when it is very cold for 7 days you **may** be given £25 towards your Heating Bills



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Cold Weather Payment



- Not everyone will get this money
- To see if you can have this money go to ...



click

[Cold Weather Payment: Can I get it?](#)



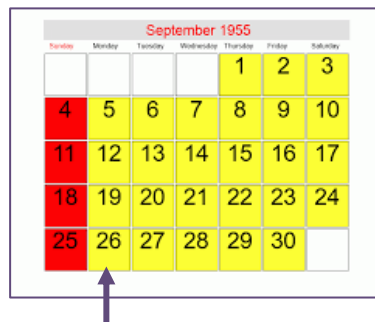
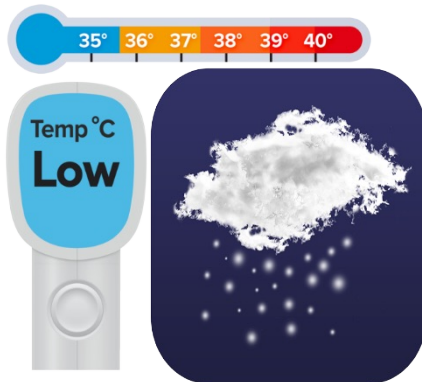
- You may need to ask someone you trust to help you



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3.

Winter Fuel Allowance



- Some people **may** get a Winter Fuel Allowance of between £100 and £300 to help them pay their Winter Heating Bills
- You will be paid this money directly if you were born on or before 26th September 1955



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3.

Winter Fuel Allowance



- Not everyone will get this money
- To see if you can have this money go to ...



click [Warm Home Discount Scheme](#)



- You may need to ask someone you trust to help you



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4.

Warm Home Discount



- Some people **may** be able to claim £140 Warm Home Discount from their Gas or Electricity Supplier
- Check with your Supplier to find out



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- Don't forget to tell a friend about Saving Energy and Saving Money
- And getting help with their Energy Bills